

# Autumn Term 2021

# Nursery Lunch Menu



WEEKS 1, 4, 7, 10, 13					
	Monday	Tuesday	Wednesday	Thursday	Friday
Snacks	Banana and gala melon	Cubed cheese & apple	Watermelon & pear	Cubed cheese & cucumber	Pear & banana
Snacks	Daily breadsticks and milk				
Main Meal	Creamy Ham and cheese sauce	Baked Chicken with tomato sauce on the side	Roast Turkey	Meat Balls with tomato sauce	Oven Baked Battered Jumbo Fish Finger
On the table	Softened baton carrot, cucumber, cheese, home baked bread				
Side Dishes	Carrots Sugar snaps	Sweetcorn Green beans rice	Peas cauliflower	Carrots broccoli	sweetcorn low salt baked beans
	50/50 pasta	50/50 pasta	New potatoes	50/50 pasta	Chunky chips
Desserts	Cut up apple, pear, banana, pineapple, watermelon, orange, kiwi				

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WEEKS 2, 5, 8, 11					
	Monday	Tuesday	Wednesday	Thursday	Friday
Snacks	Banana & apple	Cubed cheese & cucumber fingers	Pear & banana	Cubed cheese & apple	Softened carrot sticks & watermelon
Snacks	Daily breadsticks and milk				
Main Meal	Lasagne Macaroni Cheese	Grilled Chicken with tomato sauce on the side	Roast Turkey	Baked Chicken with Korma sauce on the side	Oven Baked Breaded White Fish
On the table	Softened baton carrot, cucumber, cheese, home baked bread				
Side Dishes	Garlic Bread Sugar snap Battered carrot	Sweetcorn broccoli	Carrot rings Green beans Roast potato	Steamed carrots Sweetcorn	peas broccoli
	50/50 Pasta	50/50 pasta	50/50 pasta	50/50 pasta	chips
Desserts	Cut up apple, pear, banana, pineapple, watermelon, orange, kiwi				

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WEEKS 3, 6, 9, 12					
	Monday	Tuesday	Wednesday	Thursday	Friday
Snacks	Pear & Ogen melon	Cubed cheese & apple	Watermelon & banana	Cubed cheese & cucumber	Apple & easy peel orange
Snacks	Daily breadsticks and milk				
Main Meal	Bolognaise or Tuna Pasta Bake	Pizza or Macaroni Cheese	Roast Chicken	Cod Fish Finger	BBQ Sausage Burger
On the table	Softened baton carrot, cucumber, cheese, home baked bread				
Side Dishes	Battered carrots Sweetcorn	Peas Cauliflower Garlic bread	Carrot rings Green beans Roast potatoes	Carrots Sugar snap Mashed potatoes	Baked beans Peas Chips
Alternative carb	50/50 pasta	50/50 Pasta	Sweet potato wedge	Chips 50/50 pasta	Finger roll
Desserts	Cut up apple, pear, banana, pineapple, watermelon, orange, kiwi				